

Beginning of the year gives us a wonderful opportunity to bring about change at many levels. How about resetting the mind from all that we want to delete and move forward with new thoughts and new feelings?

Come and understand how to work with your mind so that New Year can bring about newness in your thinking.

Thursday, January 8, 2015 7:30 - 9:00 PM

It is recommended that you arrive early to take full advantage of the meditation at the start of the event from 7:00 to 7:30 pm

All are Welcome. Free of Charge.

At the Brahma Kumaris Learning Center for Peace 75 Common Street Watertown, Massachusetts 02472

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